**“Thank you for an excellent, informative session.”**

**“Judy's presentation was excellent, focused, stimulating and**

**really interesting.”**

**“Pleased to know of financial support available and will take action for a friend.”**

**“The Information and Signposting presentation was very relevant to my role.”**

***Comments from previous attendees!***

June 2022

Hello,

We’re the Macmillan Team for Age UK Cornwall and the IOS working in partnership with **Macmillan Cancer Support.**

Our workshops are designed to give you the knowledge and skills to support anyone who may be affected by cancer, either directly or indirectly.

It will give you the tools to be able to listen, support and signpost, whether it is a client, a work colleague, family or friend.

The training has been created with Judy Clapp, **Macmillan Primary Care Nurse Facilitator** in an easy to understand, **non-clinical** language.

Judy delivers **An Introduction to Cancer** and **The Psychological & Social Impacts of Cancer**. She has 30 plus years of nursing experience including oncology, hospice and primary care. Her current role is facilitating education to improve the experience of patients following a diagnosis of cancer.

 Our own team of Community Navigators deliver **Good Conversations, Information & Signposting,** bringing their knowledge and expertise to increase your skills in navigation for those affected by cancer.

**Dates and times:**

* **An Introduction To Cancer:**
* **Wednesday 6th July 10am – 11.30am**

* **Good Conversations, Information and Signposting:**

**Wednesday 13th July 10am – 11.30am**

* **Psychological and Social Impact of Cancer:**

**Wednesday 27th July 10am – 11.30am**

**Venue:** **Microsoft** **Teams Video Call –** Details will follow booking. If you need support please contact us.

**To book a place please contact Kerstin Peters-Gauld:** **kerstin@ageukcornwall.org.uk**

**The topics included are:**

* **An introduction to Cancer**: Covering some of the basic clinical elements of cancer, improving your understanding of key medical terms and providing an overview example of a cancer journey.
* **Psychological & Social Impacts of Cancer**: Exploring the emotional and financial impact on anyone affected by cancer, and how to manage this.
* **Good Conversations, Information & Signposting**: This element of the training is designed to enable you to confidently talk to anyone affected by cancer, and find the information they need to access services and support.

**Please note**: During the training, we will be discussing the impact cancer has on people, and we understand that some of you will have had an experience of cancer as a patient, family member or close friend, and that these discussions may trigger memories or reactions for you.

You may or may not choose to share your own experiences during the session.

If you feel that you need to take a break at any point this is absolutely fine. It is important to think about how this may affect you in advance.

If you’d like more information on the content of the training or to have any questions answered, please get in touch with Kerstin:

kerstin@ageukcornwall.org.uk

 **Before coming on the sessions, it would help us to know:**

1. Your current role
2. Any specific learning requirements
3. A brief summary of why you are interested in the training and how you think it will help you to support people affected by cancer

Kind regards,

**Kerstin**

**Macmillan Community Navigator**

**kerstin@ageukcornwall.org.uk**

**01872 266383**